

# **PSAA League Championship Meet Information**

**Saturday, May 13th, 2023 at 12:00 PM — The Stony Brook School**

## **Entries**

Athletes may compete in any four events including relays. Schools may enter a maximum of three individuals per event and only one relay team per event.

## **Meet Scoring**

Events will be invitational scored using 10-8-6-4-2-1

## **Jumps and Throws**

In the Long and Triple Jumps there will be 4 jumps and no finals. The same will be true for the Shot Put and Discus of 4 throws and no finals.

## **High Jump Opening Heights**

Girls: 4' 0"

Boys: 4' 6"

## **Jewelry Policy**

Jewelry is allowed.

## **Parking**

Ample parking is available behind Johnston Hall. Use the 11 Cedar St. address of the School. Turn off of Route 25A onto Cedar St. and enter the parking lot on the right side.

## **Bathrooms**

Port-a-potties are available adjacent to the stadium. Locker rooms are also located inside Swanson Gymnasium, adjacent to the track. Enter the building through the rear terrace.

Please do not enter any other buildings.

# **33rd PSAA TRACK & FIELD LEAGUE CHAMPIONSHIP MEET**

Saturday, May 13th 2023 - The Stony Brook School - 12:00 P.M.

## **ORDER OF EVENTS**

### **Track Events**

400M Intermediate Hurdles  
100M Dash Trials  
1500M Run - Girls  
1600M Run - Boys  
100M High Hurdles - Girls  
110M High Hurdles - Boys  
400M Dash  
100M Dash Finals  
800M Dash  
200M Dash  
3000M Run - Girls  
3200M Run - Boys  
Sprint Medley Relay (1-1-2-4)\*  
4x800M Relay  
4x100M Relay  
4x400M Relay

### **Field Events**

Long Jump  
Triple Jump  
Shot Put  
Discus  
High Jump

\*Exhibition event

All events will run girls first, followed by boys. All field events will run concurrently with events on the track. If an athlete is in both track and field events, the track event takes precedence. The athlete can return to the field to continue later.